

## TO HELP WITH YOUR PREPARATIONS (SCHOOLS)

- Please note the start and finishing times of your retreat along with meal times. If you have any difficulty with this timing, please contact us well in advance.
- Please inform us before you come if any member of your group has special needs of any description. Final numbers and dietary requirements must be provided at least 14 days in advance.
- We would be grateful if you could bring an extra list of all those in your group. Day groups must provide a register of pupils & staff, to be handed in at Reception on arrival.
- Duvets and bedding are provided. We ask you to bring your own towels.
- Since we may venture into the surrounding countryside, you are advised to bring suitable outdoor clothing and strong footwear. A couple of plastic bags for dirty shoes and clothes would also be a sensible addition.
- Pack some soft footwear to wear indoors at all times. Should we have to vacate the building for any reason it makes it easier on the feet if they are covered!
- It is not essential, but a small torch would be a useful addition to luggage.
- If anyone plays a musical instrument, please ask them to bring it along.
- A large amount of spending money is not necessary. We do have a Piety Stall and a Tuck Shop but we would ask you to limit the amount that pupils are allowed to bring to **£10.00 maximum**.
- Please discourage members of your group from bringing mobile phones as they can prove to be a distraction. One of the most important reasons for coming to Myddelton Grange is that it grants the opportunity to communicate with others on retreat. If you are regularly texting and phoning in your free time, you're not going to make the most of your stay. No mobiles phones are to be brought into the sessions. There will be phones to use in emergencies and a public phone for your use.
- The Retreat Team will complete its programme and hand over to you at a certain point in the evening. The time varies with the age of the retreatants, but is usually between eight and nine-thirty. You and your group will be the sole occupants of the main building until the following morning. Please be aware that our minimum ratio for supervision is 1 adult to every 10 children. The Myddelton Grange staff will be on site, in the Staff House, and can be contacted should the need arise. You will be given a list of local emergency numbers.
- **We do like to make a photographic record of visits and would be very grateful if, when you contact parents you could ask, on our behalf, for permission to do this. The photographs would be for display purposes within Myddelton Grange and on our Youth Service website. The names of**

individuals will not be ascribed. Photographs will be stored electronically for one year only.