

## PROGRAMME OUTLINE

### MONDAY/WEDNESDAY

- 4.30 WELCOME - introductions; rooms; fire regulations  
EXPECTATIONS  
ICE-BREAKERS
- 6.00 SUPPER
- 7.15 ICE BREAKERS  
SESSION 1
- 8.15 NIGHT PRAYER

### TUESDAY/THURSDAY

- 8.45 MORNING PRAYER
- 9.00 BREAKFAST
- 10.00 SESSION 2
- 11.00 BREAK
- 11.20 SESSION 3
- 1.00 LUNCH
- 2.15 WALK
- 4.00 RETURN - DRINK  
QUIET TIME/SACRAMENT OF RECONCILIATION
- 5.30 SUPPER
- 7.00 GAMES, VIDEO  
PERSONAL REFLECTION
- 8.30 NIGHT PRAYER

### WEDNESDAY/FRIDAY

- 8.45 MORNING PRAYER
- 9.00 BREAKFAST & clean up
- 10.00 MASS PREPARATION
- 11.00 BREAK
- 11.15 MASS PREPARATION
- 12.00 MASS
- 1.00 LUNCH & DEPART